A REFRESHING VIEW ON TREATMENT OPTIONS AND THE PATH TO LIFELONG RECOVERY

- Our services begin with a comprehensive assessment to determine if there is a substance use disorder as well as which is the best course of treatment.
- The next step is to find and arrange all the necessary treatment services.
- We use evidence-based practices to ensure the best in care.
- Case management and outreach support.

LIFELONG CARE AND SUPPORT

- Extensive research shows that addiction disorders do not respond well to short-term therapies; instead, like other chronic illnesses, addiction disorders require continued medical assistance and regular maintenance procedures.
- We provide many of the critical components in this Circle of Care approach to treatment including:
  - Assessments
  - Intensive Outpatient
  - Individual Counseling
  - Group Counseling
  - Aftercare Groups
  - Case Management
  - Crisis Intervention
  - Urinalysis
  - Community Referrals
  - Family Services

HOURS OF OPERATION

Morning (9:30am-12:30pm)
Afternoon (1:30 pm - 4:30pm)
Evening groups (6:00 pm - 9:00pm)
3 days a week
Monday, Wednesday and Friday.
Assessments Tues. & Thurs by appt.
9:00am-2:00pm

PEER-LED PEER-RUN PEER-DRIVEN

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TREATMENT
COMPREHENSIVE
OUTPATIENT
RECOVERY SERVICES

NORTHERN OHIO RECOVERY
ASSOCIATION
Is structured to provide services
in accordance with the American
Society of Addiction Medicine
(ASAM). Which emphasizes a
clinical based integrated best
practice approach.

INTENSIVE OUTPATIENT
TREATMENT (IOP)
Services will promote the recovery
process through individual and
group counseling.

RECOVERY
NORA offers recovery
support services, by utilizing
the Four Models of Social
Support:

INFORMATIONAL
INSTRUMENTAL
EMOTIONAL
AFFILIATION

TO BE ELIGIBLE FOR RESIDENCY,
YOU MUST:

- Be 18 or over
- Have a problem with substance abuse
- Be eligible for Medicaid/Insurance
- Have shown an ability to maintain
  abstinence from substance use with
  minimal supervision
- Be mentally and physically stable

PROGRAM FEATURES:
- Transportation provided
- Access to Recovery Housing
- Peer mentors
- Case management
- Employment, schooling and volunteer assistance
- Financial benefit assistance
- Social activities to enhance recovery
- Art, yoga & spiritual components
- Telemedicine/electronic services
- Coordinated off-site treatment services available

SUCCESS

RECOVERY IS YOURS

Recognizing that there are many pathways to
recovery, NORA supports all individuals, both youth
and adults in their journey towards a healthy, drug-
free lifestyle by providing the following services:

- RECOVERY COACHING
- INFORMATION AND REFERRALS
- RECOVERY HOUSING
- MEN/WOMEN'S SUPPORT GROUPS
- COMPUTER EDUCATION CLASSES
- ANGER MANAGEMENT
- COGNITIVE BEHAVIOR THERAPY
- RELAPSE PREVENTION
- LIFE SKILLS PREPARATION
- EMPLOYMENT AND CAREER REDINESS