

A REFRESHING VIEW ON TREATMENT OPTIONS AND THE PATH TO LIFELONG RECOVERY

- Our services begin with a comprehensive assessment to determine if there is a substance use disorder as well as which is the best course of treatment.
- The next step is to find and arrange all the necessary treatment services.
- We use evidenced based practices to ensure the best in care.
- Case management and outreach support.

LIFELONG CARE AND SUPPORT

- Extensive research shows that addiction disorders do not respond well to short-term therapies; instead, like other chronic illnesses, addiction disorders require continued medical assistance and regular maintenance procedures.
- We provide many of the critical components in this Circle of Care approach to treatment including:
 - Assessments
 - Intensive Outpatient
 - Individual Counseling
 - Group Counseling
 - Aftercare Groups
 - Case Management
 - Crisis Intervention
 - Urinalysis
 - Community Referrals
 - Family Services



HOURS OF OPERATION

Morning (9:30am-12:30pm)

Afternoon (1:30 pm - 4:30pm)

Evening groups (6:00 pm - 9:00pm)

3 days a week

Monday, Wednesday and Friday.

Assessments Tues. & Thurs by appt.
9:00am-2:00pm



PEER-LED PEER-RUN PEER-DRIVEN

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Northern Ohio Recovery Association

OUTPATIENT AFTERCARE & PEER SUPPORT SERVICES





PROGRAM FEATURES:

- Transportation provided
- Access to Recovery Housing
- Peer mentors
- Case management
- Employment, schooling and volunteer assistance
- Financial benefit assistance
- Social activities to enhance recovery
- Art, yoga & spiritual components
- Telemedicine/electronic services
- Coordinated off-site treatment services available

TO BE ELIGIBLE FOR RESIDENCY, YOU MUST:

- Be 18 or over
- Have a problem with substance abuse
- Be eligible for Medicaid/Insurance
- Have shown an ability to maintain abstinence from substance use with minimal supervision
- Be mentally and physically stable



TREATMENT COMPREHENSIVE OUTPATIENT RECOVERY SERVICES

NORTHERN OHIO RECOVERY ASSOCIATION

Is structured to provide services in accordance with the American Society of Addiction Medicine (ASAM). Which emphasizes a clinical based integrated best practice approach.

INTENSIVE OUTPATIENT TREATMENT (IOP)

Services will promote the recovery process through individual and group counseling.



RECOVERY NORA offers recovery support services, by utilizing the Four Models of Social Support:

INFORMATIONAL

INSTRUMENTAL

EMOTIONAL

AFFILIATION

RECOVERY
IS
YOURS



SUCCESS

Recognizing that there are many pathways to recovery, NORA supports all individuals, both youth and adults in their journey towards a healthy, drug-free lifestyle by providing the following services:

- RECOVERY COACHING
- INFORMATION AND REFERRALS
- RECOVERY HOUSING
- MEN/WOMEN'S SUPPORT GROUPS
- COMPUTER EDUCATION CLASSES
- ANGER MANAGEMENT
- COGNITIVE BEHAVIOR THERAPY
- RELAPSE PREVENTION
- LIFE SKILLS PREPARATION
- EMPLOYMENT AND CAREER REDINESS

